



**Krankenhaus für Naturheilweisen
Clinic for Internal Medicine,
Naturopathy and Homeopathy**

Patient Information

Conventional diagnostics and treatments
complemented with classical naturopathy
and homeopathy

Since 1883



More than just conventional medicine

Dear Patients,

The Clinic for Internal Medicine, Naturopathy and Homeopathy in Munich Harlaching (Krankenhaus für Naturheilweisen or KfN) has set itself the task of providing patients with an integrative and inclusive form of treatment, both in medical and humanitarian terms, through a combination of conventional treatments and officially recognised alternative therapies.

All our treatments are based on scientific conventional medicine. We supplement that with complementary naturopathic and homeopathic treatments which help to mobilise the body's self-healing powers. This linking of complementary therapies produces unique synergies that bring about a long-lasting improvement in the patient's condition or even a complete cure.

Our dedicated and qualified team will ensure that you receive competent and compassionate medical care. We will be happy to provide you with personal advice and answers to any queries you may have with regard to our services.



Dr. med. Artur Wölfel
Chief Medical Officer



Dr. med. Michaela Moosburner
Chief Medical Officer



Barbara K. Prinz
Nursing Service Manager



Gerhard Kletzenbauer
Commercial Director

At your service

Germany has very few residential care clinics that provide an integrative therapy concept for conventional medicine and complementary therapies. Our clinic has applied its special therapeutic approach with great success for more than a hundred years, namely since 1893. We can therefore rightly claim that our methods have set a nationwide precedent for the successful combination of conventional and complementary medicine.

Our goal is to provide all patients suffering from acute and chronic illnesses with the best possible treatment for long-lasting results.

Our services:

- Comprehensive internal medicine diagnostics
- Individualised treatment plan
- Guideline-based conventional therapies
- Therapy supplementation with complementary alternative therapies
- Competent team with additional qualifications in classic naturopathy and homeopathy

- As an acute-care institution the KfN accepts all patients regardless of insurance provider. If a patient has been referred to our clinic by his or her General Practitioner, all treatment costs will be covered by the patient's insurance provider. With 110 beds at our disposal and as a specialist internal medicine clinic, we are ideally equipped to treat both acute and chronic illnesses.

Our Expertise

Our integrative therapy concept is applied in internal medicine and related medical fields.

We specialise in:

- Diseases of the musculoskeletal system (e.g. rheumatic and degenerative diseases)
- Diseases of the digestive organs (e.g. functional and inflammatory gastrointestinal disorders)
- Diseases of the respiratory- and pulmonary tracts (e.g. COPD, asthma, bronchitis)
- Secondary tumour treatments (e.g. strengthening of the immune system, fatigue relief, pain management, help for eating problems)

Further therapeutic focus is on:

- Chronic pain management (e.g. migraines, cluster headaches, neuralgia)
- Cardiovascular disease (e.g. cardiac insufficiency)
- Metabolic disturbances (e.g. diabetes)
- Neurological illnesses (e.g. multiple sclerosis, polyneuropathy)
- Autoimmune diseases (e.g. scleroderma, lupus erythematosus)
- Skin diseases (e.g. neurodermitis, psoriasis, chronic urticaria)
- Diseases of the kidneys and urinary tract (e.g. chronic inflammation)

Comprehensive diagnostics at the KfN

The key to the success of any kind of treatment is careful assessment. That is why our clinic provides the widest range of diagnostic procedures for general internal illnesses.

The KfN's broad spectrum of internal diagnostic procedures includes:

- Gastroscopy and colonoscopy (including removal of polyps)
- Ultrasound diagnostic services (including contrast-enhanced ultrasound, vascular and heart ultrasound)
- Electrocardiogram (ECG), including standard, exercise and 24-hour ECG
- Long-term blood pressure monitoring
- Pulmonary function testing
- X-rays
- Laboratory tests

■ Should further examinations (e.g. computer tomography) be necessary, they will be carried out in coordination with Harlaching Municipal Hospital.

The KfN's Concept

Treatment of the sick, especially the chronically ill, still poses a formidable challenge for medicine. Apart from the biological-chemical causes of disease, other factors may also play a role. Conventional medical treatment through medication can ease and suppress symptoms, provide a substitute for a deficiency or eliminate pathogens.

The additional therapeutic effects of complementary medicine are achieved through activation of the body's self-healing powers. We believe that stimulation of the body's self-regulatory and self-healing powers plays an important role in long-term patient recovery.

More than just conventional medicine

Following are the individual components of our multimodal approach to treatment:

- Conventional medicine
- Phytotherapy (e.g. anti-inflammatory, immuno-stimulating or pain-relieving preparations from medicinal plants)
- Physical therapy (e.g. physiotherapy based on neurophysiological principles, kinesitherapy, electrotherapy, hydrotherapy and thermotherapy, reflective breathing therapy, reflexology and manual therapy)
- Moderate whole-body hyperthermia: hyperthermal baths (Schlenz method), Heckel bed-cabin infra-red therapy)
- Nutritional therapy (e.g. special vegetarian diet, low-histamine diet, therapeutic fasting, individual nutrition plans for cases of food intolerances)
- „Ordnungstherapie“ (order therapy) – a practical guide to living a health-enhancing lifestyle
- Homeopathy
- Neural therapy (e.g. infiltration therapy for the treatment of pain)
- Cleansing procedures (e.g. leeches, cupping therapy, bloodletting)

■ We will set up for you an individualised treatment plan for naturopathic and homeopathic therapies to complement guideline-based conventional medical care. Accordingly, you the patient will have the best of both worlds (conventional and alternative medicine) and benefit from the resulting treatment synergies.

Clinic Management

The KfN is run by a team consisting of the medical management, the nursing service management and the commercial management.

Clinical Director



Dr. med. Artur Wölfel
Chief Medical Officer

Specialist for Internal Medicine,
Homeopathy and
Complementary Medicine

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A long tradition

Our Clinic for Internal Medicine, Naturopathy and Homeopathy is one of the leading complementary clinics in Germany. Our institution's particular quality is manifested in the successful integration of holistic therapies into conventional medicine.

The Clinic Foundation

Behind the modern façade of the KfN lies a longstanding tradition. The former homeopathic hospital and present-day Clinic for Internal Medicine, Naturopathy and Homeopathy is committed to the principles of a charitable foundation. The foundation was established in the year 1883. Its purpose was to construct and operate a hospital with particular focus on holistic healing and homeopathy.

By combining recognised complementary therapies with conventional medical treatments, the KfM continues to abide by the principles on which it was founded.

Following are the members of the foundation's management board:

Helmut Pfundstein, former municipal director, chairman of the executive board

Dr. med. Robert Zell, practising physician

Eva Caim, Munich city councillor, retired nursing service manager

Patient Services

If you are interested in in-patient treatment at the KfN or would like to find out more about what we have to offer, please feel free to contact us at any time. We look forward to your call or email.

Patient registration

During normal working hours:

Phone 089 62505-437

Fax 089 62505-467

patientenservice@kfn-muc.de

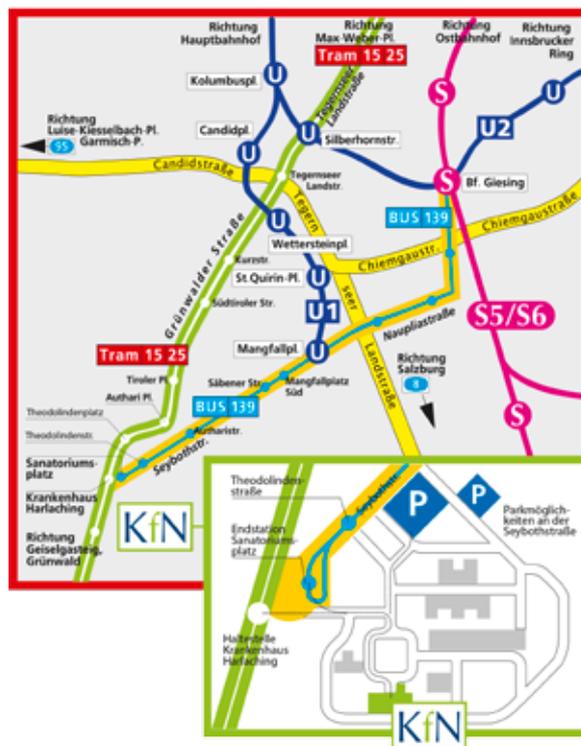
Charges and Admission

The KfN is an acute clinic and as such meets the conditions laid out by health insurance providers for covering hospitalisation and treatment costs. The prerequisite for in-patient admission is referral to the KfN by a medical doctor.

We recommend that privately insured patients obtain confirmation of assumption of costs from their health insurer before entering the KfN Clinic.

How to find us:

Our clinic is located within the grounds of the Municipal Hospital Munich-Harlaching.



Public Transport:

Tramlines 15 and 25, tram stop "Klinikum Harlaching": departure from U-Bahn (underground railway) stations Wettersteinplatz (U1), Silberhornstrasse (U2), Max-Weber-Platz (U4/U5)

Bus no. 139, bus-stop „Klinikum Harlaching“: departure from U-Bahn station Mangfallplatz (U1) and S-Bahn/U-Bahn station Giesinger Bahnhof (S3, S7, U2)

For patients travelling by car: parking spaces are in short supply

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www.Mehr-als-nur-Schulmedizin.de



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